

Rush-Henrietta Central School District
Physical Education Department
ALTERNATIVE INSTRUCTION CONTRACT

Any student in grades 10-12 may request approval for an out-of-school alternative instructional activity, of comparable time, in lieu of their regular physical education class. If you decide to select this alternative instruction, you will have to abide by some requirements unique to the Alternative Contract. Please be sure to carefully read the following and if you have any questions make sure to see your PE Teacher for clarification.

Prerequisites:

1. In order to apply you must have had a passing grade in PE the quarter/semester before (85% or higher).
2. You must be performing at, and maintain a passing grade of, 85% or higher, for the current marking period.
3. Performance on quarterly Fitness Testing must meet or exceed 15 out of 20.
4. Successfully complete a 5 week try-out period in which you demonstrate to your PE Teacher your ability to actively participate in class activity and follow class expectations/procedures.

****Please note that prerequisites will need to be achieved at the start of EVERY quarter****

Criteria Needed For Approval:

1. Student must be under direct supervision of a CERTIFIED INSTRUCTOR for their chosen activity.
2. 160 minutes of instruction is required each week (competition/game time does not count towards instructional time).
3. Students will be required to turn in log sheets/notebook containing the required minutes, along with their instructor's signature as per their PE Teacher's instructions.

Once you have been approved be sure to:

1. Check in, ON TIME, with your PE teacher EVERY day you are scheduled for class.
2. If you wish to opt-out of PE that day, you MUST have a pre-signed pass (on your contract pass card) from either the library, computer lab or a teacher who is willing to supervise you for the entire block, PRIOR to checking in with your PE teacher.
3. If you DO NOT have a pre-signed pass, you will be expected to change and participate with your class that day.
4. If you choose not to participate, you will receive an unprepared (which cannot be made-up).

PLEASE REMEMBER THAT YOUR CONTRACT CAN BE CANCELED AT ANY TIME FOR FAILURE TO MEET OR EXCEED ANY OF THE ABOVE CRITERIA.

Student's Name: _____ Class Period/Days: _____

Grade: _____ Guidance Counselor: _____

Alternative Activity: _____ Instructor's Name _____

Instructor's Email: _____ Instructor's Phone #: _____

Length of Lessons (in minutes): _____ Number of Lessons per week: _____

Instructor's Signature: _____

If permission is granted for me to take this activity, I agree to assume all responsibilities for regular attendance and for successfully completing the above activity.

Student's Signature: _____

I hereby agree to assume any and all costs connected with instruction listed above and give my permission for my child to take this out-of-school instruction in place of their regular physical education class for the time specified. I realize that the Rush-Henrietta School District is not liable for any action of the sponsoring organization or its employees.

Parent/Guardian's Signature: _____

Director of Physical Education Signature: _____